
OnTop Mountaineering Ltd -

We offer trips/courses in mountaineering, hiking, rock and ice climbing and ski touring in Canada, Europe and Colorado.



340 Canyon Close – Canmore, AB, T1W 1H4 – Canada
Toll free: 1 800 506 7177

EQUIPMENT LIST: BACKCOUNTRY SKI TOURING ROGER'S PASS

1. Technical Equipment:

- Telemark or Alpine Touring skis*:
Only bring your telemark skis if you are at least an advanced/intermediate telemark skier with backcountry experience.
- Telemark or alpine touring boots*
- Collapsible ski poles*
- Climbing skins (stick-on) that fit your telemark or alpine touring skis*
- Avalanche transceiver (475 Megahertz)
- Lightweight snow shovel
- Avalanche probe
- Backpack (45 liters) with rain cover.
Some have built-in rain covers (eg. Deuter backpacks).
Rain covers can also be bought separately.
Otherwise bring a big plastic (garbage) bag as an inside liner for your backpack.
- Climbing harness for glacier travel
- One locking carabiner
- Crevasse rescue equipment, if you are familiar with it.
(Prusik slings, webbing, pulleys, auto-locking device).
Your guide will bring a full set.
- Ski crampons (optional, but might make your life much easier in some of the steeper sections in spring)
- Repair kit for your skis (can be shared between 2 people)

All items marked with '*' can be rented from a rental shop locally.

Harness, carabiner, transceiver, snow-shovel and avalanche probe can be provided by OnTop. Please bring your own equipment if you have it.

Any questions, please contact us:

phone: 1 (800) 506 7177 fax: 1 (403) 678 2717
email: info@ontopmountaineering.com

OnTop Mountaineering Ltd -

We offer trips/courses in mountaineering, hiking, rock and ice climbing and ski touring in Canada, Europe and Colorado.



340 Canyon Close – Canmore, AB, T1W 1H4 – Canada

Toll free: 1 800 506 7177

2. Clothing

Temperatures in the Canadian Rockies vary hugely. Early season (December – February) temps can drop as low as –30C overnight, whereas in spring (mid-March – May) it can warm up to above freezing temps and overnight lows are not usually below –10C. The list is meant as a guide line, but we realize that our guests have their clothing priorities and substituting certain items with other equivalent pieces of clothing might be a valid alternative. If you do so, you should discuss it with your guide in the pre-trip briefing.

- Wind and waterproof (Gore Tex or similar) shell jacket with hood
- Wind and waterproof (Gore Tex or similar) over pants
- Wind and waterproof shell jacket with hood (Gore Tex or similar)
- Wind and waterproof over pants (Gore Tex or similar)
- Warm pants (insulated / fleece/ polypro)
- Fleece or wool pullover or jacket
- Medium weight fleece shirt
- Capilene, fleece or wool underwear, top and bottoms
- 2 Pairs of gloves (lightweight and heavier weight)
- Scarf or neck gaiter
- Socks: thick (wool) outer and thinner liners
- Wool or fleece hat, covering the ears
- Gaiters (unless pants lock tightly to your boots or ski pants have integrated gaiters)
- Sun hat, preferably with wide rim
- Bandana (optional)

3. Hotel lodging:

- Spare underwear, socks
- Toiletries
- Swim trunks for hot tub
- Shoes for hotel

Any questions, please contact us:

phone: 1 (800) 506 7177 fax: 1 (403) 678 2717

email: info@ontopmountaineering.com

OnTop Mountaineering Ltd -

We offer trips/courses in mountaineering, hiking, rock and ice climbing and ski touring in Canada, Europe and Colorado.



340 Canyon Close – Canmore, AB, T1W 1H4 – Canada

Toll free: 1 800 506 7177

4. Hut lodging: (if hut nights are included in the program)

- Down vest or light insulated jacket (optional)
- Light stuff sacs or zip lock bags to keep your backpack organized (optional)
- Sleeping bag and stuff sac (should be a "three-season sleeping bag").
Expect hut temperatures to be below freezing overnight.
- Ear plugs (Optional)
- Very light hut slippers / down booties (optional – socks or boot liners work too)

5. Other items:

- Sun Glasses (with very good UV protection, extra pair is a good idea), goggles
- Sun screen and lip protection
- Water bottle, preferably insulated, minimum volume: 1 liter or camelbak (if too cold, bladder tube might freeze up!)
- Head lamp with spare battery and bulb
- Blister kit (optional)
- Snacks (candy bars, dried fruit, sandwiches, nuts, etc.)
- Personal items (Prescription medicine, extra contact lenses and maintenance equipment, extra pair of prescription glasses etc.)
- Pocket knife or leatherman tool
- Passport
- (Health) insurance documents
- Zip-lock bag for wallet and documents to keep them dry (recommended)
- Camera, spare films, batteries (optional)
- Compass, maps and GPS (optional)
- Ski wax / skin wax (optional)

Any questions, please contact us:

phone: 1 (800) 506 7177 fax: 1 (403) 678 2717

email: info@ontopmountaineering.com